



**Board of Directors Meeting  
March 5, 2019**

Present: Dr. Mark A. Lopatin, presiding; Drs. Stanley Askin, MD; Sherry Blumenthal, MD; George R. Green, MD; Joseph Grisafi, MD; Walter Klein, MD; Jennifer Lorine, DO; Jay E. Rothkopf, MD; Steven Shapiro, DO; Scott Shapiro, MD; James W. Thomas, MD; and Marty Trichtinger, MD

Guests: Jaan Sidorov, MD; Anita Brazil

Staff: Michele Boylstein, Executive Director

*Actions:*

- 3/5/19 -1 Meeting called to order by Dr. Lopatin at 6:07 pm
- 3/5/19 -2 Approved the consent calendar which included Meeting Minutes of March 5, 2019, and the Statement of Financial Activity ending as of December 31, 2018.
- 3/5/19 -3 Board opposed "Legally Mine" having a presentation/event for members. Board approved the organization placing an ad based on our advertising parameters.
- 3/5/19 -4 Board opposed having IRETA (Institute for Research, Education & Training in Addiction) holding an opioid training event for our members, not enough information. CMEs are offered by PAMED. Board approved the organization placing an ad based on our advertising parameters.
- 3/5/19 -5 Approved encouraging 100% participation of members in donating to PAMPAC (without a set amount)
- 3/5/19 -6 Meeting adjourned at 8:45pm

*Areas of Discussion:*

- The Board Chair introduced our guests, Dr. Jaan Sidorov, CEO and Anita Brazil from the CCC (Collaborate Care Center) to speak to the board.
- The board was encouraged to submit any names for consideration to PAMED awards: Top Physicians under 40, Everyday Hero, and Distinguished Service.

- The board was encouraged to donate to PAMPAC and the Foundation to help make changes. The way that members can be a part of the change is by creating influence and lobbying legislators.
- PAMED has updated their website to make it easier to look at resolutions and where they stand. A member can go to each reference committee to check the status of a resolution. The website offers opportunities for a member to get involved in a resolution.
- MCMS Board Chair and the Executive Director met with the Montgomery Chamber of Commerce. We may have the opportunity to present at a lunch and learn of theirs in the Fall. The meeting went well, and future meetings are anticipated to grow the relationship. In addition, the Chamber has a meeting room we could possibly use as a location when our lease is up.
- MCMS was able to reduce the management services down to \$85,000, which helps with the 2019 budget.
- The Annual Dinner committee was not able to coordinate a meeting between the last board meeting and this one to discuss cutting costs for 2020 Annual Dinner and beyond. The committee plans on having an update to report at the board meeting in May.
- Dr. Jaan Sidorov presented information to the board regarding a clinically integrated network. Working on obtaining payments with insurers on value-based care. The CCC began recruiting physicians at the end of June 2018 and have recruited 250 docs across the state. They are pleased with the process in the benchmarks and are projecting 100 physicians this year. PAMED members allocated 15 million dollars to make this happen. 5.1 million was to set up a MACRA and MIPS reporting system in 2017, a system solution for physicians. They have also developed some other business strategies to help physicians in practice.

The CCC has been transparent and with PAMED are careful stewards of the county's money. PAMED is posting the CCC quarterly and annual report. The annual report was just sent out to each member. If you go to the PAMED website, you will see the information posted out there. They are working on their own website and are making information accessible on social media and a calendar of communications to all members and HOD delegates with regular reports and information as it takes place on a monthly basis. Discussion took place among the group with Dr. Sidorov answering questions.

- Updates were given on Safe Harbor and a bill was just introduced. Most legislators don't understand the issue. There may be an article in the next PAMED Physician magazine or electronic communication going out from PAMED regarding it.
- The board was asked to review the information we received from two organizations and to make a decision on whether it was worth sharing with our members.
  - One organization called "Legally Mine" did a presentation to MCMS a few years ago. Discussion took place among the board and they determined that it was more of a sales pitch than educational for our members. Motion to oppose this organization doing a presentation for our members was carried and approved. The board agreed that "Legally Mine" can be allowed to advertise though, according to the parameters we have set in place.
  - Statewide Evidence-Based Opioid Prescribing Education Opportunity organization is offering an event where training is free of charge. 7 credit hours are being offered. CMEs are already provided for this training through PAMED. Motion to oppose offering this to our members since training is already provided through PAMED was carried and approved. The board agreed that

they can be allowed to advertise in the magazine according to the parameters we have set in place.

- Event announcements: ROPC Conference is taking place on March 7<sup>th</sup>. There is also a Women's Physician Section event taking place at Dr. Marion Mass' home on March 8<sup>th</sup>. Both events were sent out to members. A legislative meet & greet is taking place on March 24<sup>th</sup> at Dr. Mass' home. 4 legislators are confirmed. This will go out to members as well.
- Annual Dinner update was given by Dr. Klein. We have Jim Withers as a speaker, the band is lined up and registration will open soon. We will begin to solicit nominations for the Bill Lander award. The nominating committee will then review all submissions and determine recipient.
- Dr. Klein and the President of Bucks CMS, Dr. Burke are brainstorming ideas for a symposium done jointly in the Fall 2019. Phila Med Society is interested too. Discussion took place and board members agreed to be part of a committee to work on this: Dr. Blumenthal, Dr. Rothkopf, Dr. Steve Shapiro, and Dr. Klein.
- Results on the Physician Burnout Survey sent to members was shared with the board. 79 people out of 1300, filled out the survey. 6% return. 47% were employed and 52.86% were owners. There weren't enough results, but commonalities of burnout issues were EHR time spent, volume of unnecessary consults, and insurance company metrics.
- Treasurer's report: We're up again for the year. \$26,000 is building up in flat cash.
- Venue Change – A lot of people wrote in with comments before the February 22, 2019 deadline. The proposal has been delayed for a year. Discussion took place among the group.
- ABIM update – there are three more lawsuits out now.
- Dr. Trichtinger provided the legislative update on Venue Change and the letters written by members before the February 22<sup>nd</sup> deadline. It was put on hold for now. The Supreme Court will bring back a study in a year to justify the reasons why it would be appropriate, and the trial bar is raising money to get this carried through.
- Discussion took place on donating to PAMPAC and a recommendation was raised to suggest that members should join at a specific amount (i.e. \$500 - \$1000). The board voted to oppose that recommendation. Another suggestion was for 100% participation of PAMPAC instead of setting an amount. The board agreed that encouraging members to donate as much as they can. Additional updates were given on JUA litigation, Telemedicine, Prior Auth and Scope of Practice.
- Dr. Trichtinger and Dave Thompson, lobbyist at PAMED, will work on a date for a legislative dinner or possibly a legislative breakfast for members to meet with legislators. Another suggestion was for board members to meet one on one with legislators.
- Membership report was given. It is up from last year. May be due to the recertification due in 2018 but we want to work on retaining them.

- Discussion took place on the Women's Physician Section among the group. Dr. Blumenthal thanked everyone for voting on the WPS. There has been frustration with getting things moving at the state level. Things need to move forward much faster than they are currently.